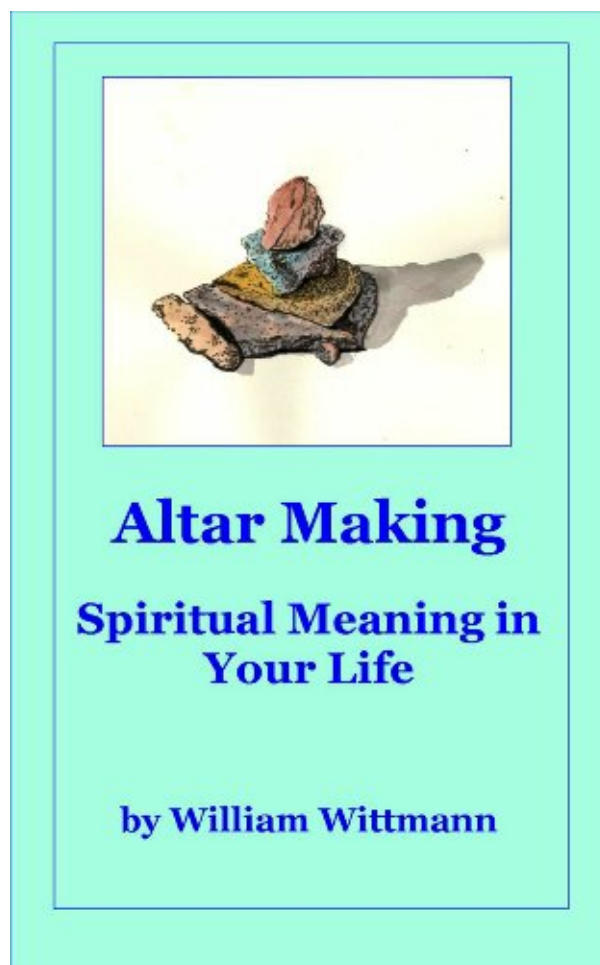


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# **Altar Making**

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Can Making Your Own Altars and Shrines Make You Happier This Holiday Season?

Like you maybe, I suffer during the holidays. I did until I stumbled onto making altars. One snowy Christmas at my parents home in northern Ohio, an inspiration grabbed me – create a mobile with origami cranes made from this beautiful red wrapping paper and found twigs... Hang it in the stairwell. Make it Big.

I did. It took hours to create, happy hours spent in my right brain. Recall, the right brain is the place to be if you wish to feel oneness, peace, and harmony. This was my first holiday altar. I have been building them ever since.

Use your right brain, be happy, and free.

Can creating altars bring more sacredness into your life?

“Making an altar may not make all your wishes come true, but it can make you really happy and bring more peace into your holiday season,” William Wittmann says.

Reviewers agree:

“This book is a wonderful source of calm and inspiration and I've put its contents into practice in many places in my home, including one on each of my bedside tables. Nothing fancy and all with things I've found outside or already had. An easy, thoughtful way to stay in touch with myself.”

Another reader says:

“Altar Making shows you how to bring the sacred into physical form. In easy to understand terms, William helps you create with your spirit, altars in your own personal style using what has importance and meaning to you.”

Remember how much fun it was to build things with Legos or blocks. Just imagine how nurturing it can be to build your own sacred altars and shrines. When you create your own altar, you feel that same pleasure that you felt as a child. And when you bring in the Sacred, your satisfaction deepens.

You may also find that your connection to the innocent heart of your inner child deepens and sweetens in this sacred practice of altar making or shrine building.

This lovely book will walk you through the whys and hows of altar building. In addition to my insights, I have seven friends, spiritual teachers all, that disclose their private experiences with building altars. Their contributions will feed your heart and expand your horizons. They give you a wide range of surprising insights you will not find anywhere else.

Just imagine how nurturing it can be to build your own sacred altars and shrines. I recommend you get the

book and nurture your soul.

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- Released on: 2013-12-03
- Format: Kindle eBook

Most helpful customer reviews

5 of 5 people found the following review helpful.

Altars made with William

By GrandmaBetsyBell

I have made altars with William, spontaneous thoughtful reverential objects created on the spot from found items like stones, branches, leaves, flowers, bits of glass washed up on the shore. Each time and place had a different feeling, a different yearning or celebration and the physical construction of an altar in the company with others brought clarity and peace. Since then, I have often made altars wherever I am and keep one in my home. Each object has meaning for me. It is prayerful just to pass it on the way to other chores. If you are drawn to finding proficiency in this soulful effort, William's book will help. If you do this already, his words will deepen your experience. Betsy Bell [...]

7 of 8 people found the following review helpful.

Well done...Most useful...This book is what it teaches...

By Robert Wise

I'm a librarian, and work with books and people all day long.

Some years ago I read this book (an earlier version), and have been using what it offers ever since.

Like humans, each book has its own personality.

Some books are meant to entertain by telling a story, some to accurately inform or describe.

Each is useful in its own way, bringing along with it the intents of the creator.

This book carries at least four gifts for the reader:

- It is what it describes, read it and you receive that gift.
- Reading it, one moves further into presence, endless gifts there.
- Inner Stillness, perhaps the most precious gift of all, is somehow passed to the reader.

Presence and stillness are gushing out between the words.

- Altars...the surface gift...holding space...work, and they work in the only way there really is for change to come, from within, gently, persistently, and without demand for certain results, by offering loving energy, and then standing back while the results shape themselves.

I have used (and still am using) altars for myself, and to hold good space for children and friends as they work their way through life.

3 of 3 people found the following review helpful.

Connect and Be Present with Alter Making

By Cristie Champlin

What a wonderful book! I realized, after reading it, I have been making alters most of my adult life. The book helped me understand why I have been drawn to this practice, and how to utilize it more to find peace in my life. I recommend it to everyone. Such a simple, wonderful way to focus and quiet your mind and heart. Build an alter today!! It will awaken your soul! Great book!

See all 20 customer reviews...

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