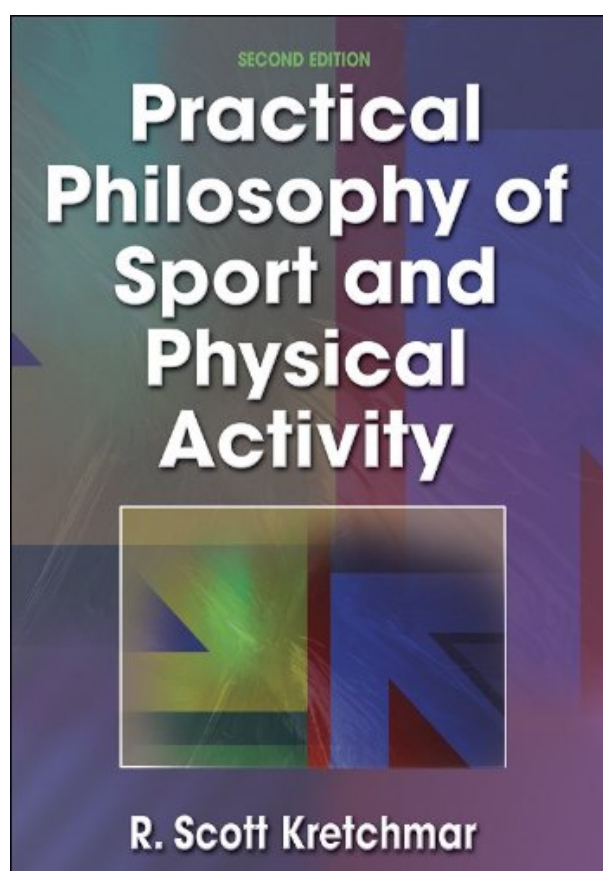


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"Australian Council for Health, Physical Education, and Recreation" (review of previous edition)

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Philosophy is a crucial, yet often overlooked, part of kinesiology students' education. Practical Philosophy of Sport and Physical Activity, Second Edition, provides students with a thorough, clear, and practical introduction to the philosophy of physical activity and sport, and in doing so, prepares them for the ethical questions they will face as professionals.

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This text provides students with the practical tools and specific techniques they need to think ethically and systematically, as they become skilled practitioners in the field of physical activity and sport. In doing so, it demystifies philosophy and reveals it as the guiding element in our understanding of, and approach to, activity, games, and competitions.

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This book is not about philosophy and sport. Rather it is about Kretchmar's philosophy of sport. It's essentially a propaganda piece, consisting of Kretchmar's arguments to justify a career in kinesiology. He even goes so far as to redefine "intelligence" so that shooting basketball well is viewed as the intellectual equal of advanced calculus. It reads like the self-justifying ranting of someone who has gotten little respect in academia, and is tired of real scientists thinking they're better than him.

I'm a little bitter because I had to read the whole thing for class.

If someone is already versed in philosophy it might make a good read, there are lots of arguments to pick apart. But if someone is new to philosophy, this book will leave them less informed than they were before reading it.

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